Healing Hands School of Holistic Health
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Annual Catalog Addendum 2026 - 2027

Institutionally Accredited by Accrediting Bureau of Health Education Schools [ABHES] Phone: (703) 917-9503 Address: 7777 Leesburg Pike, Suite 314 N. Falls Church, VA 22043

1) Description for Structural Integration:

In this class we will learn a modified version of the structural integration series. Originally developed by Ida Rolf to be a ten session series, this class takes that framework and expands it into a twelve session series based on the work of Ida Rolf, Ed Maupin and Tom Meyers. Students will learn postural analysis and session planning based on individual postural compensation patterns within the framework of the twelve sessions, going from differentiation to integration and beyond. This introduction to structural integration is composed around the idea that the body is one holistic system, and the balance of that system is predicated on the alignment of the three and two half diaphragms of the body.

2) Recognized Equivalents of High School Diploma

- A GED certificate
- A certificate of or the official completion documentation that the student has passed a state-authorized examination (such as the High School Equivalency Test (HiSET)), that the state recognizes as the equivalent of a high school diploma (certificates of attendance and/or completion are not included in this qualifying category
- An associates degree
- The successful completion of a least 60 semester or trimester credit hours or 72 quarter credit hours that does not result in the awarding of an associate's degree, but that is acceptable for full credit toward a bachelor's degree at any institution.
- Enrollment in a bachelor's degree program where at least 60 semester or trimester credit hours of 72 quarter credit hours have been successfully completed, including credit hours transferred into the bachelor's degree program.

3) Academic Calendar (pages 7-8)

Our Healing Hands School academic year starts on July 1st of every year. The chart below gives you the beginning and ending dates of this next year's quarters. It also provides the projected graduation dates for the full time and part time student of either of the programs. Healing Hands School of Holistic Health has rolling admissions and students may start the program mid-week or quarter and is considered a non term program. The holidays that the school closes on are listed last.

[Academic Calendar]

Non Standard Terms:
A program that measures progress in clock hours is always treated as a non-term program.

- Courses that do not begin and end within a set period of time such as a term;
- Courses that overlap terms

4) Page 29 – 30

Cal Grant:
When to apply by?
FAFSA/ DREAM Act must be applied for by September 2nd of the award year the student is enrolling in. For Example, if a student starts anytime between July 1st, 2026 – June 30, 2027 the FAFSA must be completed by September 2nd of 2026.

Students may be eligible for a Cal Grant award by first applying for FAFSA/DREAM act by September 2nd. Then student's login through the California Student Aid Commission (CSAC) at:
https://mygrantinfo.csac.ca.gov/. Students go through the Webgrants for Students portal. Student must have completed either a FAFSA or a DREAM Act application, that application is then sent to CSAC. Grants administered by CSAC are based on a students' Family contribution and need.

Eligibility for the Cal Grant is also subject to students full-time, three quarter time, or half-time enrollment at the time that Healing Hands School does a Census for each quarter.

Healing Hands School will administer a Census on the first month following completion of the previous quarter and will be applied to Cal Grants
Ex:

Census for quarter hours	
Census: October 1st Fall in CSAC	July 1st – Sept 30th = HH Summer
Census: November 14th Winter in CSAC	October 1st – Dec 31st = HH fall
Census: April 1st Spring in CSAC	January 2nd - March 30th = HH Winter
Census: July 1st Summer in CSAC	April 1st – June 30th = HH Spring

Full time, three quarter time, or half time is determined by the amount of hours or credits a student takes per quarter.
20 clock hours = 1 credit unit. To be considered full time, a student must take 240 hours, or 12 credits in one quarter. Anything different will change the amount of grant a student is eligible for.

Ex: 200 hours in a quarter = 10 units = 3/4 time
In this example a student would then be eligible for ¾ of the grant available for that quarter. The Cal grant is split into 4 separate quarters. A student will use 133% of eligibility each year, or 33% per quarter. The max amount of funding for a lifetime is based on 400%

All Cal Grant applications for Healing Hands are part of the competitive award cycle. There is no guarantee that someone can be awarded during the competitive cycle as funds are extremely limited.