

School Safety Protocols:

1. Masks required; face shields recommended. PLEASE:
 - a. WEAR the mask so it always covers your nose. If your mask does not stay on your nose, you may be asked to leave the classroom and come back with a more secure mask.
2. For extra caution, everyone is encouraged to wear a face shield on-top of your mask.
3. Do NOT eat in the classroom. If you bring lunch or a snack you will need to eat it outside of the classroom where you can safely remove your mask.
 - a. You MAY prepare your food in the microwave before leaving the classroom, just no removing of your mask while in the classroom.
4. TAKE BREAKS: If you need a breath of fresh air go outside for a couple of minutes and come back.

Temperature readings:

1. Temperature must be below 99.8°. We will take your forehead temperature when you arrive to the classroom / office. If your temperature is 99.8° or above, we will ask that you go home.
2. If you are being awesome enough to wear a face shield, you may have to remove it briefly for the temperature check
3. We highly encourage everyone to purchase their own at home thermometer to monitor yourselves before you come to class.

Respond to Daily Health Questionnaire:

1. Have you had a fever or cough in the last 14 days?
2. Have you been exposed to someone with a suspected and/or confirmed case of Covid-19?
3. If you answer yes, please do not come to class

Washing/ Sanitizing hands:

1. All students are required to **bring** and use your favorite hand sanitizer
2. Wash your hands when you arrive
3. Wash your hands before you RECEIVE massage, and after
4. Wash your hands before you GIVE massage, and after

Washing surfaces:

1. We will all be washing surfaces wash surfaces we interact with frequently. Massage tables, the chairs and tables you sit at, door handles, etc. We use spray bottles with disinfectant with paper towels and pre-sanitized wipes when available.
2. Chairs: We will no longer be using floor chairs. Instead we use the metal, washable chairs and set up tables for lecture. This allows more distance.

What happens if a classmate is found to have COVID-19 and a group of students was potentially exposed?

1. Mask security, mask security, mask security. If your mask is worn properly, the risk of catching COVID is limited.
2. Face shields protect even more.

3. We will move the course to online for two weeks. If no other students become sick within 2 weeks, we will resume courses in-person.
4. This means that at any time, we may have to continue the course in an online setting. It is not worth the health of any of our students, or staff to risk further exposure.
5. We hope that by following these protocols, we will be able to continue courses in-person.

RIGHT AID: Has FREE COVID testing.

1. Self-monitor and get COVID tested at Right Aid on a regular basis. By doing this you will be helping your community be more secure.

By participating in a course on Healing Hands School campus, you agree to release Healing Hands School, all staff, students, and associates from any liability related to Covid-19